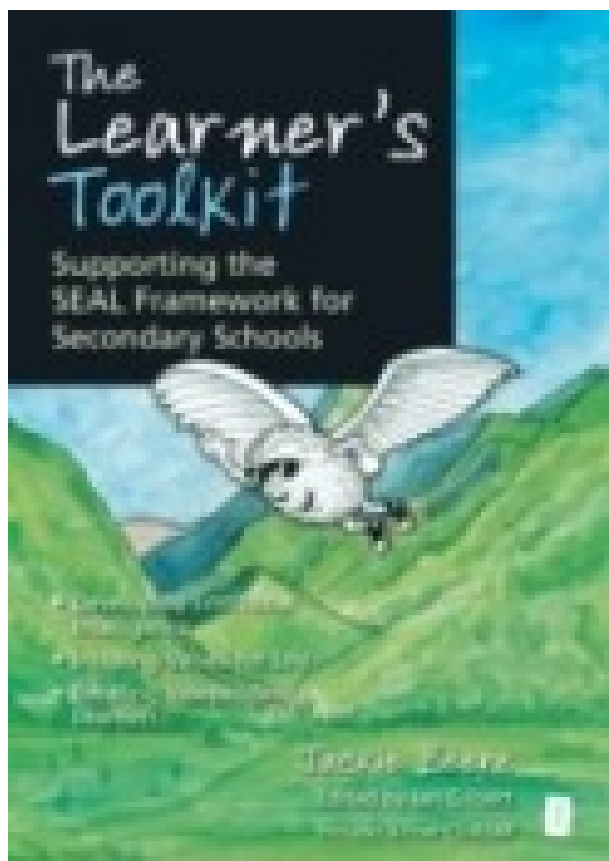


The Learner's Toolkit



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[The Learner's Toolkit.pdf](#)

[The Learner's Toolkit.epub](#)

"The Learner's Toolkit" is for all those teaching 11-16 year olds and is an essential guide to creating truly independent learners, confident and resilient in their ability to learn and learn well. The ability to learn and learn effectively is vital in today's society and will be even more vital in tomorrows. This ability has been at the heart of the recent Personalising Learning movement and this book shows kids how to do it. The book contains 50 lessons to teach 50 competencies. Each has teacher's notes on leading the activity and a CD-ROM in the back of the book has all the student forms and worksheets necessary for the lesson. Activities for the learners include: getting to know yourself taking responsibility for your own life persistence and resilience setting goals for life controlling moods caring for your mind and body building brain power asking questions developing willpower pushing yourself out of your comfort zone and, prioritise and planning. These are absolutely vital competencies that will help students learn and contribute more effectively in school and will be needed in order to thrive in the increasingly fast paced world of the 21st Century.

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