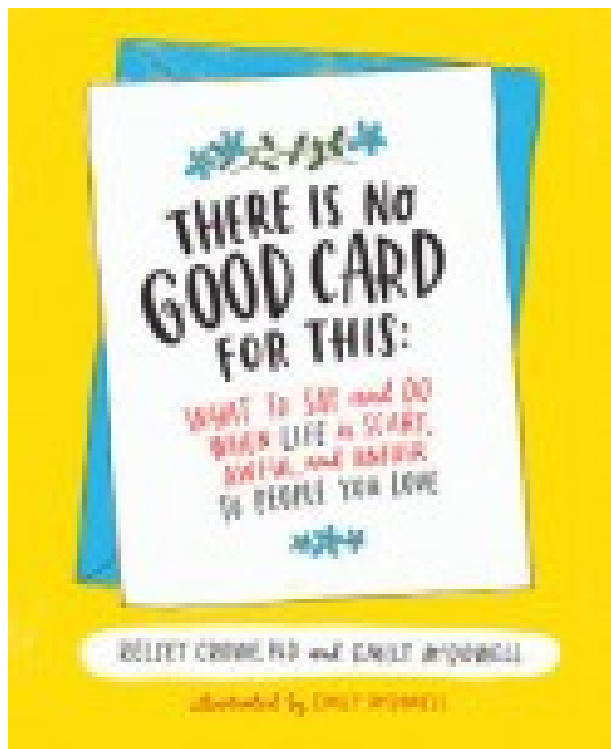


There is No Good Card for This



Sprak:	Engelsk
Kategori:	Familie og helse
Forfatter:	Kelsey Crowe og Emily McDowell
Antall sider:	272
ISBN/EAN:	9780062469991
Utgivelsesår:	2017
Forlag:	HarperCollins Publishers Inc

[There is No Good Card for This.pdf](#)

[There is No Good Card for This.epub](#)

The creator of the viral hit "Empathy Cards" teams up with a compassion expert to produce a visually stunning and groundbreaking illustrated guide to help you increase your emotional intelligence and learn how to offer comfort and support when someone you know is in pain. When someone you know is hurting, you want to let her know that you care. But many people don't know what words to use-or are afraid of saying or doing the wrong thing. This thoughtful, instructive guide, from empathy expert Dr. Kelsey Crowe and greeting card maverick Emily McDowell, blends well-researched, actionable advice with the no-nonsense humor and the signature illustration style of McDowell's immensely popular Empathy Cards, to help you feel confident in connecting with anyone experiencing grief, loss, illness, or any other difficult situation. Written in a how-to, relatable, we've-all-been-that-deer-in-the-headlights kind of way, There Is No Good Card for This isn't a spiritual treatise on how to make you a better person or a scientific argument about why compassion matters. It is a helpful illustrated guide to effective compassion that takes you, step by step by step, past the paralysis of thinking about someone in a difficult time to actually doing something (or nothing) with good judgment instead of fear.

There Is No Good Card for This features workbook exercises, sample dialogs, and real-life examples from Dr. Crowe's research, including her popular "Empathy Bootcamps" that give people tools for building relationships when it really counts. Whether it's a coworker whose mother has died, a neighbor whose husband has been in a car accident, or a friend who is seriously ill, There Is No Good Card for This teaches you how to be the best friend you can be to someone in need.

SiO gjør studentlivet bedre for studenter i Oslo og Akershus. Vi har mange gode tilbud til deg som er student.

Analyse av Henrik Ibsens Et dukkehjem. According to all known laws of aviation, there is no way a bee should be able to fly.

Below I have collected some good Poems and Kind Words that can be used for the Newborn. (For English, press Google Translate and select Language) Below I have collected some good Poems, Quotes, Pictures and Words of Wisdom that can be used for Birthday. (For English, press Google Translate and select Language) Kristendommen blir sett på som kvinne undertrykkende, kvinnefiendtlig og den mener kvinnene er underlagt mannen. Ifølge bibelen har ikke kvinnene rett til og åpne. Noen nyttige idiomer: A chip off the old block – (faren) opp av dage, som snytt ut av nesa på (faren) All is well that ends well – når enden er god er allting godt Her har jeg samlet noen ideer til forming for barn. De øverste er uten bilde så jeg har forsøkt å forklare de så enkelt som mulig.

Oversikt: Sørlandet, Vestlandet, Lofoten, Finnmark. alle reisemål som frister mer eller mindre i det fjerne. Selvfølgelig betyr det reise og avkobling, nye mennesker og. Vestre Viken er en arbeidsplass med svært gode muligheter for faglig og personlig utvikling. Vi ønsker deg velkommen til å søke jobb hos oss. Følg oss på Facebook. Lynx nettbutikk levert av Digitroll AS. Følg oss